

**Reflection Questions:** How have I responded in the past when God has rescued me from a pit? What would be a better response? Can I truly say what David does in *Psalm 40:8*? How can I improve? How am I magnifying the Lord before other Christians? Non-Christians?

How can we pray for one another and our church this week?

#### Quotes to Ponder

*God promises a safe landing but not a calm passage.*

Anonymous

*For David salvation is not only to be saved from something, it is also to be saved for something. Christ rescues us from sin, and He also rescues us for Himself. We are secure and established in Him.*

Lloyd J. Ogilvie

*Trusting in the Lord is the evidence, nay the essence, of salvation. He who is a true believer is evidently redeemed from the dominion of sin & Satan.*

*You cannot count God's thoughts of you.... One gracious thought is followed by another, swiftly as the beams of light flash from the sun, so that it is impossible for us to number them.*

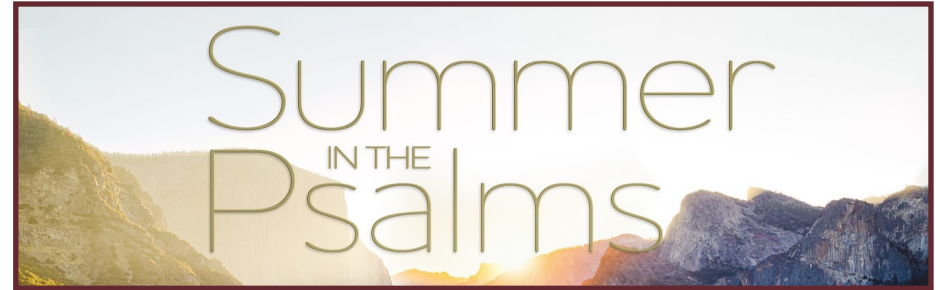
Charles Spurgeon

*God is revealed in both His mighty works and in His Word. The two must go together. The work is interpreted by the Word, and the Word is verified by the work.*

Donald Williams

*Christianity is a religion of song. Agnosticism has no carols. Confucianism and Brahmanism have no anthems or alleluias. Dreary, weird dirges reveal no hope for the present or for the future. Christianity, however, is filled with music. Only the message of Christ puts a song in a person's heart.*

David Jeremiah



Psalm 40

*Sermon*  
*Notes*

August 7, 2022

1. Looking Backward (1-3)

2. Looking Upward (4-5)

3. Looking Inward (6-8)

4. Looking Outward (9-11)

5. Looking Around (12-15)

6. Looking Forward (16-17)

1. What in the text/sermon impacted you most? Encouraged you? Convicted you? Challenged you? Confused you? Comforted you?

2. What does *Psalm 40* teach us about God?

3. *Psalm 40* begins with an encouragement to wait patiently for the Lord (1). What does this mean practically?

4. What do these verses say about those who wait patiently for the Lord?  
*Psalm 39:7* —

*Psalm 130:5* —

5. Study *Genesis 41:1* and *Acts 24:27* in context. Why does God make His choice servants wait?

6. Read the story of King Saul in *1 Samuel 15*. Why was he tempted not to wait on the Lord but to take matters into his own hands? What were the consequences?

7. What did David's experience of God's help in the past motivate him to do in the present (*Psalm 40:3*)?

8. Why is the person who trusts God a blessed person (*Psalm 40:4*)?

9. God's law required His people to offer sacrifices (*Leviticus 1-7*). How can David say *Psalm 40:6*? Explain.

10. What do these verses say about sacrifices and obedience?

*1 Samuel 15:22* —

*Hosea 6:6* —

*Isaiah 1:10-17* —

*Micah 6:6-8* —

*Jeremiah 7:21-26* —

Why are sacrifices no substitute for obedience?

11. Read *Psalm 40:6-8* and *Hebrews 10:1-18*. How does Hebrews interpret *Ps 40:6-8*?

Does this mean these verses did not pertain to David? Explain.

12. What was the cause of David's distress in *Psalm 40:12*?

13. Read *Psalm 40:16*. Are we to love our salvation or are we to love God? Explain.

14. Have you ever been hurt by a self-righteous person who enjoyed seeing you mess up? Have you ever been self-righteous towards others? How?