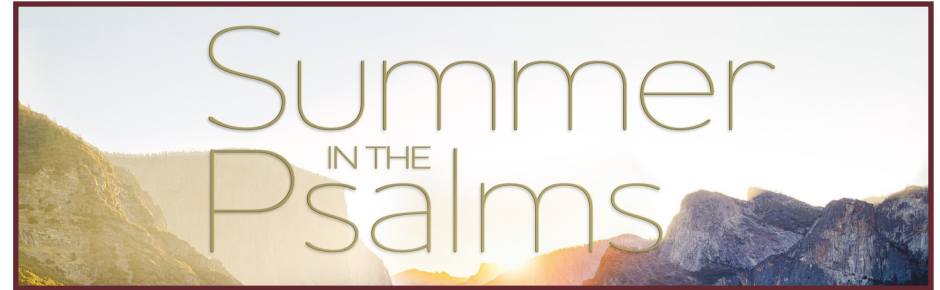


Reflection Questions: How is God my *dwelling place* today? How can I learn to dwell in Him more? Am I still under God's fury for my sin? Why or why not? Am I numbering my days? Does the work of my hands bring majesty to God? How has God confirmed the work of my hands?

How can we pray for one another and our church this week?



Psalm 90

Sermon
Notes

September 4, 2022

1. The Fleeting Nature of Man (3-6)

2. God's Wrath Against Man's Sin (7-11)

3. The Eternal Nature of God (1-2)

4. Prayer for God's Mercy and Grace (12-17)

Quotes to Ponder

God, who inhabits eternity, sees all of history in a single moment, so His timetable is unlikely to match our own.

Timothy Keller

Part of the nature of sin is that men hardly ever realize the ultimate relationship between mortality and sin, because they live for the moment.

Derek Kidner

*We are mortal because God is angry,
and God is angry because we are sinful.*

Michael Wilcock

We cannot apply our hearts unto wisdom, as instructed by Moses, except we number every day as our possible last day.

Herbert Lockyer

O God, stamp eternity on my eyeballs!

Jonathan Edwards

To live with dying thoughts is the way to die with living comforts.

John Trapp

The good Lord measures out the dark and the light in due proportions, and the result is life sad enough to be safe, and glad enough to be desirable.

Charles Spurgeon

1. What in the text/sermon impacted you most? Encouraged you? Convinced you? Challenged you? Confused you? Comforted you?

2. What does *Psalms 90* teach us about God? About ourselves?

3. What is meant by the superscription, *Moses, the man of God (Joshua 14:6; Ezra 3:2)*?

4. What does the eternality of God (*Psalms 90:1-2*) mean to His children practically?

5. What is Moses' point in *Psalms 90:3-6*?

6. What do you think of when you hear the phrase, *a thousand years (Psalms 90:4)*?

7. What does Moses teach us in *Psalms 90:7-11*?

8. According to *Psalms 90:12*, what lesson does Moses want God to teach him and why does he want to learn it?

What does it mean to *number our days*?

What is the danger of not learning this lesson?

What is the result of learning to *number our days*?

How do we make each day count for God and eternity?

9. What requests does Moses make in *Psalms 90:13-17*?

10. What promise does Moses make to God in return for God's *loving-kindness* toward Him (*Psalms 90:14*)?

11. What is meant by *Psalms 90:15*? What do these verses add to your understanding?

Romans 8:18 —

2 Corinthians 4:16-18 —

2 Corinthians 1:5 —

12. Why does Moses repeat the phrase, *confirm the work of our hands (Psalms 90:17)*? What does this mean?

13. If we are to boast of God and His work and wisdom in Christ, why is the final prayer of *Psalms 90* about our work?

14. What should our Christian experience be characterized by as we live together in a world filled with sickness, trouble, and sorrow?

15. Does God get angry with Christians or is His wrath limited to unbelievers? Explain and give biblical evidence.