

Reflection Questions: Where am I walking, standing, and sitting? What do I delight in? What image would I use to describe myself? How can I delight more in God's Word? What will I do to meditate on God's Word more this week? What unrighteous behavior will I repent of?

How can we pray for one another and our church this week?

Quotes to Ponder

This is a psalm of instruction concerning good and evil, setting before us life and death, the blessing and the curse, that we may take the right way which leads to happiness and avoid that which will certainly end in our misery and ruin.

Matthew Henry

Psalm 1 deliberately draws two portraits in our minds: the portrait of the wicked man and the portrait of the wise man. The question then is posed: Which are we? As we enter the sanctuary of the psalms to worship and petition the Lord, whose side are we on?

Tremper Longman III

Man must have some delight, some supreme pleasure. His heart was never meant to be a vacuum. If not filled with the best things, it will be filled with the unworthy and disappointing.

It is an old saying, and possibly a true one, that every man is seeking after happiness. If it is so, then every man should read this Psalm, for this directs us where happiness is to be found in its highest degree and purest form.

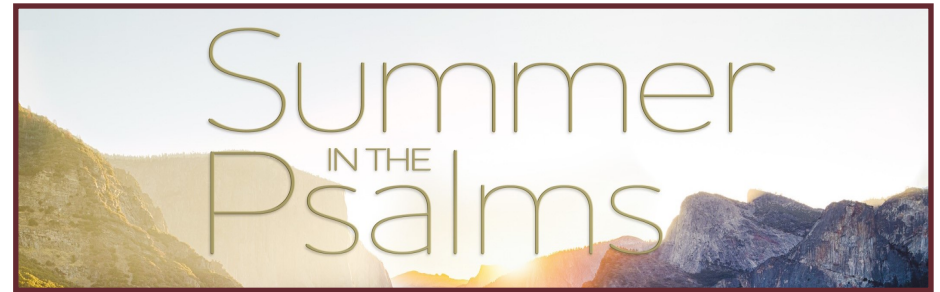
Charles Spurgeon

If your life is not being shaped by the Word of God then it will be shaped by the unbelieving world around us.

Chris Goerner

Above all things see to it that your souls are happy in the Lord. Other things may press upon you ... but I deliberately repeat, it is of supreme and paramount importance that you should seek above all things to have your souls truly happy in God Himself! This happiness is to be obtained through the study of the Holy Scriptures. God has therein revealed Himself unto us in the face of Jesus Christ.

George Mueller



Psalm 1

Sermon
Notes

May 23, 2021

1. The Blessed (1-3)

A. Negatively

1)

2)

3)

B. Positively

1) Responsibility

a)

b)

2) Results

a)

b)

c)

2. The Wicked (4-5)

A.

B.

3. Conclusion (6)

A. The Righteous

B. The Wicked

1. What in the text/sermon impacted you most? Encouraged you? Convicted you? Challenged you? Confused you? Comforted you?
2. What does it mean to be *blessed* (*Psalms 1:1*)?
3. What do the righteous reject (*Psalms 1:1*)? Why?
4. How can we discern between the *counsel of the wicked* and the counsel of the godly?
5. What do the righteous *delight* in (*Psalms 1:2*)? How do we do this?
6. What does *the law of the Lord* refer to (*Psalms 1:2*)?
7. What does *meditate* mean (*Psalms 1:2*)? What does this look like in our day-to-day lives?
8. Read *Psalms 119:15-18, 23-24, 47-48, 77-78, 97-98, and 103-104*. What can we do to help us learn to delight in and meditate on God's Word?
9. What is the result of delighting in and meditating on God's law (*Psalms 1:3*)?

What does the image of the tree tell us about the righteous person?

What fruit does it produce (*Galatians 15:19-23*)?

What does it mean that *its leaf does not wither*?

What does it mean to *prosper*?

10. How are the *wicked* described in *Psalms 1:4-5*?

11. How does *Psalms 1:6* contrast the righteous and the wicked?

12. Why is it important to guard our thoughts and friends?

13. Ultimately, who perfectly fulfills the righteousness of *Psalms 1*? (cf. *Matthew 4:1; Luke 9:51; John 3:35; 5:20; 14:31; 17:4, 24; Hebrews 4:15; 1 Peter 1:19*)

14. How do *Psalms 1* and *2* function as an introduction to the book of Psalms?

15. Compare *Psalms 1* with *Jeremiah 17:5-8* and contrast the righteous with the wicked in what they do, what they are like, and God's response to their actions.